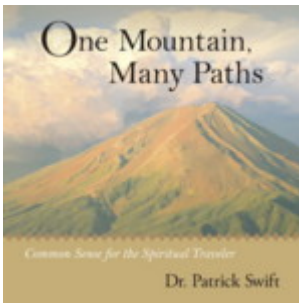


Review from Book Ideas.com

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“Is there one correct path to peace and soulful living? Of course not. We are one world with many faiths. Dr. Patrick Swift’s book *One Mountain, Many Paths* demonstrates this beautifully.”
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One Mountain, Many Paths by Dr. Patrick Swift

Reviewed by: Heather Froeschl

Throughout history people have been seeking spiritual guidance. It is said that we are not human souls on a spiritual journey but spiritual souls on a human one. Is there one correct path to peace and soulful living? Of course not. We are one world with many faiths. Dr. Patrick Swift’s book *One Mountain, Many Paths* demonstrates this beautifully.

Beginning the book with a letter to his readers Swift offers his own experience of our nation’s tragic events on September 11, 2001. In his own search to understand these events, and make sense of the world again, he began seeking wisdom in numerous scriptural sources and working for peace by compiling the quotes that touched him the most. His offering is a tool for readers to open themselves and learn to be free to move on every path.

The oft used, but always pertinent tale of the "Parable of the Blind Men and the Elephant," from Buddhism, is a perfect analogy of this book. The quotes encompass many views of the same goal. One of my favorites is: “People who praise their own faith and belittle the faith of others solve no problems.” ~ Suttrakritanga 1:1.50, Jainism. Another is: "The Master said, 'By nature, men are nearly alike; by practice, they get to be wide apart.'" ~ The Analects of Confucius 17, Confucianism. Here lies the problem. We must learn to be more open to ideas other than our own and come together as a world race of humans.

One Mountain, Many Paths is a joy to read a bit at a time and meditate over the wisdom within or to be read as a normal book and let the messages enter your soul. This gift to the world is one that I hope many people will make a present of to the ones that they love.